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PGF and UBC Athletics Mentoring Program

About the Program

The PG Foundation UBC Athletics Mentoring Program connects student-athletes with professionals and alumni to build meaningful relationships. The program provides guidance on leadership, career development, and life beyond sport, while giving mentors the chance to inspire and give back.



Why It Matters



Supports Student-Athlete Growth

Provides guidance and perspective to help student-athletes navigate life beyond sports and academics through career and personal development.



Fosters Leadership & Inclusivity

Encourages mentorship rooted in shared experiences, diverse perspectives, and inclusive leadership values.



Builds Community & Connection

Strengthens ties between UBC Athletics, alumni, and the broader professional community, creating lasting relationships.



Creates Pathways for Opportunity

Opens doors to internships, career connections, and support that can shape long-term success.

